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## I AM NAVY MEDICINE: ENS TREVOR ELAM



Ensign Trevor Elam, 3<sup>rd</sup> year medical student at the Uniformed Services University, poses with a therapy dog on the wards.

"I am Ensign Trevor Elam, a third year medical student at the Uniformed Services University (USU)."

Prior to arriving at USU in August 2017 to pursue his Doctor of Medicine degree, Elam worked in a medical simulation lab at a University of Chicago teaching hospital.

However, USU was not his first taste of the Navy. Before his time at the University of Chicago, Elam was a clarinetist in the Navy Bands for five years. "My previous duty stations include Virginia Beach, New Orleans and Naples, Italy. It was a fantastic opportunity that took me across the world. I performed for multiple heads of state, ambassadors, and for the public in support of the missions of the US Navy and NATO," said Elam.

It was his prior Navy service that inspired the decision to pursue medical school and ultimately led him to USU.

"The military bands often team up with military medicine in support of humanitarian efforts. I saw the long-lasting impact that the medical professionals had on these missions and I wanted to be a part of that. I also saw the leadership opportunities that those professionals had and decided that I wanted those kinds of experiences in my career. When I began exploring medical schools, USU came up on my radar early on as a way to continue serving in the US Navy and meet my goal of becoming a physician."

Elam hopes to be an effective leader for his fellow healthcare professionals in the military. He elaborates, "I would like to assume some leadership positions such that I could offer recommendations to our line officer colleagues and help them make the best decisions possible, especially with regards to the health of our Sailors."

When asked to sum up his training at USU, Elam said, "I have found USU and all my rotations to be a fantastic experience overall. It has been a great environment as a student. All the faculty and residents that I have encountered are invested in my learning and take great efforts to forge me into a physician."